



NEV-Trainingsplan Oktober 2026

Stand 28.09.2026



		Laufschule & TW-Training	U7 Bambini Regionalliga (Gelb)	U9 Kleinstschüler Landesliga (Lila)	U11-Kleinschüler Landesliga (Gelb)	U13-Knaben A Landesliga	U13-Knaben B Bezirksliga (B)	U15-Schüler A Landesliga	U15-Schüler B Bezirksliga	U17-Jugend Landesliga	U20-Junioren Regionalliga	1. Mannschaft Regionalliga	1B Mannschaft Bezirksliga	1C Mannschaft	Albatrosse		
1	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice A	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB		18.30 - 19.30 Eissporthalle Moers	19.45 - 20.45 K2	18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice A	22.15 - 23.15 K6			DO	1
2	FR									18.15 - 19.15 K6 19.30 - 20.30 Off-Ice		H FS 20.00 Berg. Gladbach				FR	2
3	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Off-Ice A		A 9.15 @ Gelsenkirchen		H 18.00 EHC EssenRuhr		A 11.15 ESC Darmstadt			H 20.30 Herforder EV					SA	3
4	SO									H 20.00 FS Grefrather EG						SO	4
5	MO												19.20 - 20.05 K6			MO	5
6	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	17.35 - 18.30 K6	16.45 - 17.25 K6	Eissporthalle Moers	Eissporthalle Moers	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice A	19.00 - 19.30 Off-Ice B 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice B 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	6
7	MI					19.45 - 20.30 K6	19.45 - 20.30 K6			21.30 - 22.30 Eissporthalle Moers						MI	7
8	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice A			18.30 - 19.30 Eissporthalle Moers	18.30 - 19.30 Eissporthalle Moers		18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice A	22.15 - 23.15 K6			DO	8
9	FR									18.15 - 19.15 K6 19.30 - 20.30 Off-Ice	H 20.30 Dinslakerner Kobras					FR	9
10	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Off-Ice A	A 12.15 @ Essen				A 10.15 EHC Neuwied 1B		17.45 vs EC Bergisch Land @ Eissporthalle Moers	A 19.30 Grefrather EG	H 20.30 Ratinger Ice Aliens	A 19.00 Lauterbach Füchse			18.00 - 20.00 K6	SA	10
11	SO			A 18.00 @ Aachen						A 18.30 ESC Darmstadt		A 19.00 Eisadler Dortmund				SO	11
12	MO												19.20 - 20.05 K6			MO	12
13	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	16.45 - 17.25 K6	16.45 - 17.25 K6	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice A	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice A	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice A	19.00 - 19.30 Off-Ice B 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice B 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	13
14	MI							19.45 - 20.30 K6	19.45 - 20.30 K6	21.30 - 22.30 Eissporthalle Moers						MI	14
15	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice A	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB	18.30 - 19.30 Eissporthalle Moers	18.30 - 19.30 Eissporthalle Moers		18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice A	22.15 - 23.15 K6			DO	15
16	FR									18.15 - 19.15 K6 19.30 - 20.30 Off-Ice		H 20.00 ESV Grizzlys Bergkamen				FR	16
17	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Off-Ice A		H 18.00				H 20.30 EHC Neuwied	A 10.30 ESV Grizzlys Bergkamen	A 11.15 SpG Soest / Bielefeld						SA	17
18	SO					A 9.00 ESV Grizzlys Bergkamen		H 20.00 EV Duisburg 1B								SO	18
19	MO												19.20 - 20.05 K6			MO	19
20	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	17.35 - 18.30 K6	16.45 - 17.25 K6	Eissporthalle Moers	Eissporthalle Moers	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice A	19.00 - 19.30 Off-Ice B 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice B 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	20
21	MI					19.45 - 20.30 K6	19.45 - 20.30 K6			21.30 - 22.30 Eissporthalle Moers						MI	21
22	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice A			16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB	18.30 - 19.30 Eissporthalle Moers		18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice A	22.15 - 23.15 K6			DO	22
23	FR									18.15 - 19.15 K6 19.30 - 20.30 Off-Ice	A 20.15 EHC Troisdorf		H 20.00 Grefrather EG 1b			FR	23
24	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Off-Ice A				H 18.00 Dinlakener Kobras				H 20.30 EHC Neuwied						SA	24
25	SO											H 20.00 EG Diez-Limburg				SO	25
26	MO												19.20 - 20.05 K6			MO	26
27	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	16.45 - 17.25 K6	16.45 - 17.25 K6	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice A	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice A	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice A	19.00 - 19.30 Off-Ice B 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice B 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	27
28	MI							19.45 - 20.30 K6	19.45 - 20.30 K6	21.30 - 22.30 Eissporthalle Moers						MI	28
29	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice A	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice AB	18.30 - 19.30 Eissporthalle Moers	18.30 - 19.30 Eissporthalle Moers		18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice A	22.15 - 23.15 K6			DO	29
30	FR									18.15 - 19.15 K6 19.30 - 20.30 Off-Ice		A 20.00 Grefrather EG	A 20.00 Herforder EV 1b			FR	30
31	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Off-Ice A				A 10.00 EV Duisburg 1b		H 20.30 TuS Wiehl								SA	31
		Laufschule	U7/U9-Bambini		U11-Kleinschüler	U13-Knaben A	U13-Knaben B	U15-Schüler		U17-Jugend	U20-Junioren	1. Mannschaft	1B Mannschaft	1C Mannschaft	Albatrosse		v3

K1 = Eisläuferumkleide

K2 = Gästekabine

K3 = kleine Kabine 1

K4 = kleine Kabine 2

K5 = kleine Kabine 3

K6 = Heimkabine

K7 = 1. Mannschaftskabine

A = Off-Ice Raum 1

B = Off-Ice Raum 2 SPIEGEL

Heimspiel

Auswärtsspiel