NEV-Trainingsplan Februar 2026

Stand 24.01.2026

		Laufschule & TW-Training	U7 Bambini Tiger Project	U9 Kleinstschüler Landesliga (Lila)	U11-Kleinschüler Landesliga (Grau)	U13-Knaben A Landesliga	U13-Knaben B Bezirksliga (B)	U15-Schüler Landesliga	U17-Jugend Landesliga	U20-Junioren Regionalliga	1. Mannschaft Regionalliga	1B Mannschaft Bezirksliga	1C Mannschaft	Albatrosse		
1	SO								**A 9.00** **ESV Grizzlys Bergkamen**		***H 20.00*** ***Grefrather EG***				SO	1
2	MO											19.20 - 20.05 K6	22.30 - 23.30 K2		MO	2
3	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	16.30 - 17.25 K6	16.30 - 17.25 K6	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice	19.00 - 19.30 Off-Ice 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	3
4	MI					18.15 - 19.15 Off-Ice 19.45 - 20.30 K6	18.15 - 19.15 Off-Ice 19.45 - 20.30 K6								MI	4
5	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice			16.45 - 17.45 K6 18.00 - 19.00 Off-Ice		18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice	22.15 - 23.15 K6			DO	5
6	FR								18.15 - 19.15 K6 19.30 - 20.30 Off-Ice		**A 20.00** **Ratinger Ice Aliens**				FR	6
7	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Office	**A 13.30** **Dortmund**	***H 18.00*** ***DEG / ECB / Moe-Aa***	**A 12.45** **Ratinger Ice Aiens**		**A 10.15** **EHC Neuwied 1b**	***H 20.30*** ***EC Bergisch LAnd***	**A 9.30** **GSC Moers**			**A 17.30** **ESV Grizzleys Bergkamen 1b**			SA	7
8	SO					**A 19.30** **ESV Bergisch Gladbach**				***H 20.00*** ***EC Bergisch Land***					SO	8
9	MO											19.20 - 20.05 K6	22.30 - 23.30 K2		MO	9
10	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	16.30 - 17.25 K6	16.30 - 17.25 K6	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice	19.00 - 19.30 Off-Ice 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	10
11	MI							18.15 - 19.15 Off-Ice 19.45 - 20.30 K6							MI	11
12	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice			19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice	22.15 - 23.15 K6			DO	12
13	FR								~~18.15 - 19.15 K6~~ ~~19.30 - 20.30 Off-Ice~~						FR	13
14	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Office				***H 18.00*** ***Lippe Hockey Hamm***								21.00 - 22.30 K6	SA	14
15	SO											**A 20.30** **ESV Bergisch Gladbach 1b**			SO	15
16	MO	K A R N E V A L										~~19.20 - 20.05~~ ~~K6~~	~~22.30 - 23.30~~ ~~K2~~		MO	16
17	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	16.30 - 17.25 K6	16.30 - 17.25 K6	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice	19.00 - 19.30 Off-Ice 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	17
18	MI					18.15 - 19.15 Off-Ice 19.45 - 20.30 K6	18.15 - 19.15 Off-Ice 19.45 - 20.30 K6								MI	18
19	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice			16.45 - 17.45 K6 18.00 - 19.00 Off-Ice		18.30 - 19.30 Off-Ice 19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice	22.15 - 23.15 K6			DO	19
20	FR						**A 17.15** **EC Bergisch Land**	***H 20.00*** ***Lippe Hockey Hamm***	18.15 - 19.15 K6 19.30 - 20.30 Off-Ice						FR	20
21	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Office	**A 12.45** **Ratingen**			***H 18.00*** ***SpG Bielefeld / Rheine***				***H 20.30*** ***EHC "Die Bären" Neuwied***					SA	21
22	SO							**A 7.30** **ESC Darmstadt**				***H 20.00*** ***Herforder EV 1b***			SO	22
23	MO											19.20 - 20.05 K6	22.30 - 23.30 K2		MO	23
24	DI		15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K3/K4/K5	15.00 - 16.30 K2	16.30 - 17.25 K6	16.30 - 17.25 K6	17.35 - 18.30 K2 18.45 - 19.45 Off-Ice	18.45 - 19.45 K6 20.00 - 21.00 Off-Ice	19.00 - 19.30 Off-Ice 20.00 - 21.00 K2	19.30 - 20.45 Off-Ice 21.15 - 22.15 K7			22.30 - 23.30 K6	DI	24
25	MI							18.15 - 19.15 Off-Ice 19.45 - 20.30 K6							MI	**25**
26	DO		15.00 - 15.45 K3/K4/K5	15.00 - 15.45 K3/K4/K5	15.45 - 16.45 K2 17.00 - 17.45 Off-Ice	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice	16.45 - 17.45 K6 18.00 - 19.00 Off-Ice			19.45 - 20.45 K2	21.00 - 22.00 K7 19.30 - 20.30 Off-Ice	22.15 - 23.15 K6			DO	26
27	FR								18.15 - 19.15 K6 19.30 - 20.30 Off-Ice	***H 20.00*** ***EHC Troisdorf***					FR	27
28	SA	10.20 - 11.15 K2 TW 11.30 - 12.30 Office					***H 18.00*** ***EC Bergisch Land***		**A 10.30** **Lippe Hockey Hamm**						SA	28
		Laufschule	**U7/U9-Bambini**		**U11-Kleinschüler**	**U13-Knaben A**	**U13-Knaben B**	**U15-Schüler**	**U17-Jugend**	**U20-Junioren**	**1. Mannschaft**	**1B Mannschaft**	**1C Mannschaft**	**Albatrosse**		**v2**

K1 = Eisläuferumkleide | K2 = Gästekabine | K3 = kleine Kabine 1 | K4 = kleine Kabine 2 | K5 = kleine Kabine 3 | K6 = Heimkabine | K7 = 1. Mannschaftskabine

Heimspiel | **Auswärtsspiel**